

EMERGENCY SUPPLY

Perishable Items Should Be Replaced After 6 Months

ESSENTIALS:

- Battery Operated Radio
- Flashlight
- Extra Batteries

WATER:

- 5 Gallons Per Person, Minimum, In A Food Grade Plastic Container
- Additional Water for Sanitation

FOOD:

- Minimum 5 -7 Day Supply of non-perishable food that requires no preparation
- Dry Cereal
- Peanut Butter
- Canned Fruits
- Canned Vegetables
- Canned Juice
- Ready to Eat Canned Meats
- Ready to Eat Soups
- Quick Energy Snacks

FIRST AID KIT:

- Scissors
- Sun Screen
- Thermometer
- Tweezers
- Syringe (for medication dispensing)
- Cleansing Agent/Soup
- Latex Gloves (2 Pairs)
- Moistened Towlettes
- Assorted Sizes of Safety Pins
- Two Inch Sterile Gauze Pads (4-6)
- Two Inch Sterile Roller Bandages (3 Rolls)
- Triangular Bandages (3)
- Tube of Petroleum Jelly
- Sterile Band-aids
- Laxative
- Anti-Diarrhea Medication
- Aspirin or Non-Aspirin Pain Reliever
- Antacid (for Stomach Upset)
- Antibiotic Ointment

SANITATION:

- Disinfectant
- Household Chlorine Bleach
- Soap, Liquid Detergent
- Personal Hygiene Items
- Feminine Supplies
- Plastic Bucket with Tight Lid
- Toilet Paper, Towlettes, Paper Towels
- Plastic Garbage Bags, Ties

TOOLS AND SUPPLIES:

- Whistle
- Aluminum Foil
- Crowbar
- Compass
- Paper/Pencil
- Plastic Sheeting
- Medicine Dropper
- Sewing Needle & Thread
- Signal Flare
- Matches in Waterproof Container
- Corded Telephone
- Assorted Nails, Wood Screws
- Pliers, Screwdrivers, Hammer
- Plastic Storage Containers
- Heavy Cotton or Hemp Rope
- Cash or Traveler's Checks, Change
- Map of the Area
- Non-Electrical Can Opener, Utility Knife
- Paper Plates and Plastic Utensils
- Tape, Duct and Plumbers Tape
- Patch Kit and Can of Seal In Air for Tires
- Wrench to Turn off Gas and Water

CLOTHING AND BEDDING:

- Sunglasses
- Rain Gear
- Hat & Gloves
- Sturdy Shoes or Work Boots
- Blankets or Sleeping Bags

FOR BABY:

- Formula
- Diapers
- Bottles
- Medication
- Powdered Milk

FOR PETS:

- Food
- Leash, Harness, & Carrier/Crate
- Records of Vaccinations
- Non-Tippable Food & Water Bowls

IMPORTANT FAMILY DOCUMENTS:

- Important Telephone Numbers
- Record of Bank Account Numbers
- Family Records
- Inventory of Valuable Goods
- Copy of Will, Insurance Policies, Contract, Deeds, Stocks, Bonds
- Record of Credit Card Accounts
- Copy of Passports, Social Security Cards, Immunization

FAMILY MEDICAL NEEDS:

- Insulin
- Prescription Drugs (2 Week Supply)
- Denture Needs
- Extra Eye Glasses & Hearing-Aid Batteries
- Contact Lenses and Supplies

IMPORTANT PHONE NUMBERS: (Please complete the information below according to your records)

My Water Provider is:

Phone Number: _____

My Electrical Provider is:

Phone Number: _____

My Gas Provider is:

Phone Number : _____