



Town of East Hampton Department of Human Services

Senior Nutrition Center Menu

December 2021

324-6711

Michelle Posillico, Senior Citizen
Program Supervisor 324-6711

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Beef Stew Mesclun Salad Apricots	2 Pork Chops Baked Sweet Potatoes Cauliflower Mesclun Salad Cake	3 Chicken Divan White Rice Roasted Brussels Sprouts Beet Salad Jell-O
6 BBQ Chicken Baked Beans Cauliflower Cucumber Salad Orange	7 Battered Cod Wild Rice Broccoli Mesclun Salad Tropical Fruit	8 Turkey Tetrazzini Angel Hair Pasta Parsley Carrots Mesclun Salad Bananas	9 Pulled Pork Brussels Sprouts Tomato & Onion Salad Pineapple Chunks	10 Meatball Hero Normandy Veg. Mesclun Pears
13 Baked Ziti Broccoli Florettes Mesclun Salad Pears	14 Veggie Burger Green Beans Broccoli Slaw Mandarin Oranges	15 Meat Loaf Gravy Mashed Potatoes California Veg. Mesclun Salad Bananas	16 Roast Pork Loin Mashed Pot. Roasted Brussels Beet Salad Vanilla Pudding	17 Chicken Parm Penne Pasta Italian Veg. Mesclun Salad Peaches
20 Spinach Quiche Mixed Veg. Mesclun Salad Fruit Salad	21 Baked Virginia Ham Sweet Potatoes Broccoli Carrot Salad Oranges	22 Chicken Cutlet Penne Broad Beans 4- Bean Salad Pineapple	23 Roast Beef Mashed Potatoes Turnips Green Beans Mesclun Salad Dessert HOLIDAY PARTY	24 CENTER CLOSED CHRISTMAS EVE 
CENTER CLOSED 	28 Stuffed Peppers White Rice Italian Veg. Tomato & Onion Salad Fruit Cocktail	29 Fresh Ham Mashed Potatoes Broccoli Mesclun salad Apple	30 Shrimp Scampi Angel Hair Pasta Monaco Blend Caesar Salad Dessert New Year's Party	31 CENTER CLOSED 