

Town of East Hampton New Senior Community Center Proposal

Presented by

- Diane Patrizio, Director of Human Services
- Eric Schantz, Senior Planner

April 19, 2016

In December of 2014 the Senior Services Committee issued their final report to the Town Board and included the following recommendation:

“The current Senior Services Center on Springs Fireplace Road provides vital services in the Town of East Hampton. It offers many programs including the popular lunch/nutrition program, adult day care, and limited daily exercise and social programs. However, the current Senior Center is inadequate for the types of programs and services that are needed to meet the current and future needs of the growing older adult community. The committee strongly recommends that the Town replace the current Senior Services Center with one that can serve the entire community. It is estimated that the over 65 population in East Hampton will be double the size of the school age population within 15 years. This population will need emergency medical facilities, assisted living facilities, senior housing, and a wide range of social programs and services. Adequate and appropriate space is needed. The Town Board needs to identify a centrally located site where a new center can be built and expanded with other future facilities as needed. A committee of interested and informed citizens needs to be appointed to work on the design, programs and services that such a facility would require.”

An internal working group was formed to develop a proposal:

Planning Department

- Eric Schantz Senior Planner
- Tom Talmage Town Engineer
- Marguerite Wolffsohn Planning Director

Human Services

- Lisa Charde Adult Day Care Supervisor
- Nicole O'Donnell Administrative Assistant
- Diane Patrizio Director of Human Services
- Michelle Posillico Nutrition Program Supervisor
- Amy Reed Transportation Supervisor

Kathee Burke-Gonzalez Town Board Liaison

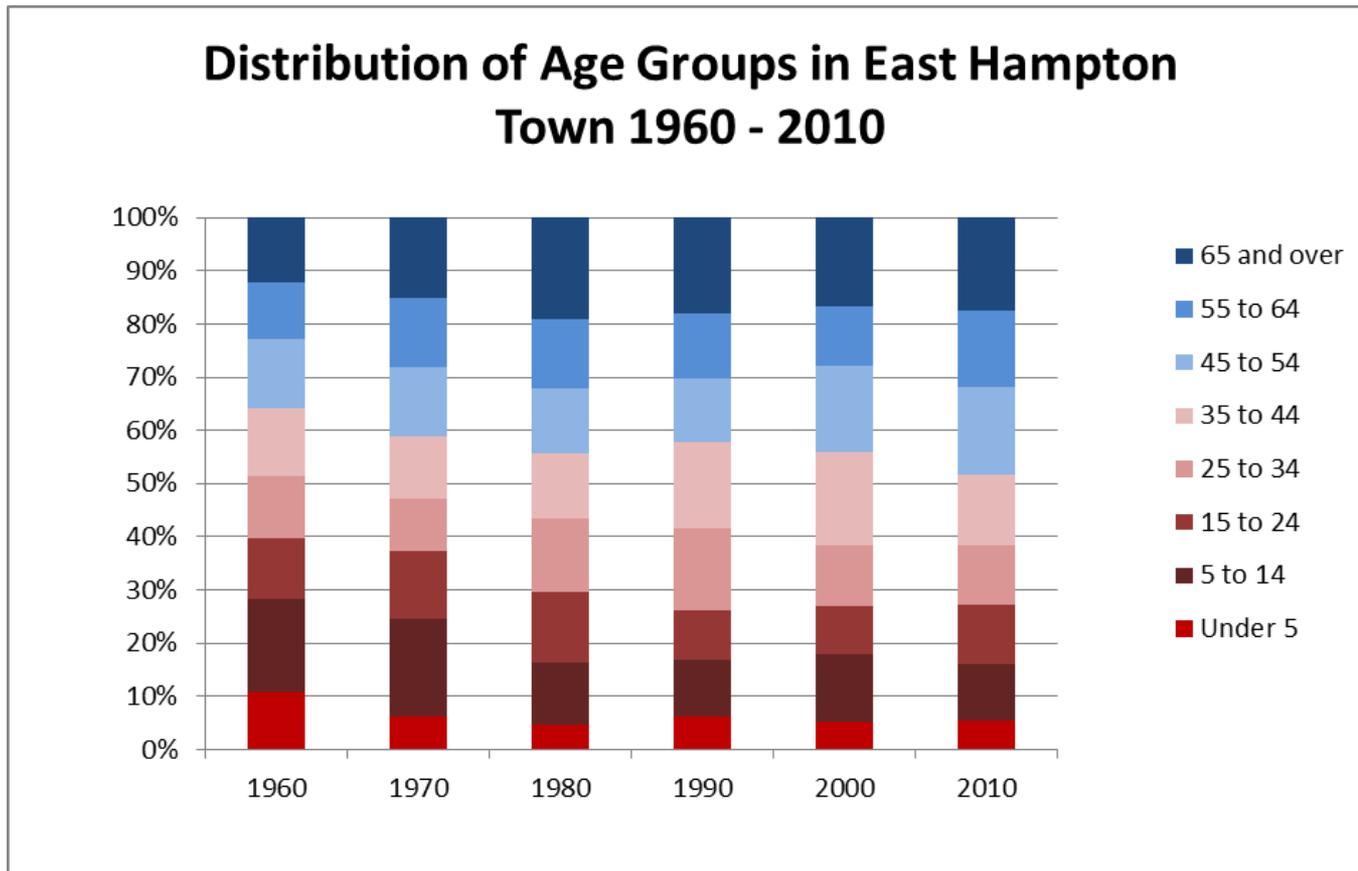
The committee met for the last year reviewing best practices for senior centers, made field visits to local senior centers, identified properties, analyzed demographic data and projected future needs.

East Hampton has a higher median age than Suffolk County and the United States

As of the 2010 US Decennial Census:

	Median Age
East Hampton Village	55.5
Amagansett	52.2
East Hampton North	40.0
Montauk	47.9
Napeague	55.4
Northwest Harbor	47.0
Springs	38.5
Wainscott	44.1
TOWN TOTAL	43.8
United States	37.2
Suffolk County	39.8

East Hampton's Senior Citizen population is increasing...



The Town offers Senior Services at two locations:

- East Hampton Senior Center: 128 Springs-Fireplace Road
- Montauk Playhouse: 240 Edgemere Street



Services at the locations include:

- East Hampton Senior Center:
 - Transportation Program administration
 - In-Home Services for the Elderly Program
 - East Hampton Nutrition Program, includes various pre and post activities
 - Adult Day Care Program
 - Residential Repair Program
 - Referral and Case Management Services
 - Senior Citizen Counseling and Caregiver Services
 - Mental Health Referral Services
 - Health Screening Programs
 - Wellness Programs – Healing Circle, Tai Chi, Healthy Living Lectures
 - Suffolk County Advocate Program
 - Senior Yoga
 - Center becomes a Community meeting place in the evenings and weekends
 - Warming, Cooling & Special Needs Emergency Center
- Montauk Playhouse:
 - Nutrition Program
 - Adult Day Care
 - Some non-Town run services (e.g. child day care, physical therapy office)

The East Hampton Senior Center operates 7 days a week as much as 12 hours per day.

Sunday	10:00-11:00 11:30-12:30pm 4:30-5:30pm	Overeaters Anonymous (ADC) Sunday Step / Self Recovery Group (Dining Room) Alcoholic Anonymous – Beginners (Dining Room)
Monday	8:00-9:00am 9:00-10:00am 10:00-11:00am 1:00 pm 1:00-3:00pm 5:30-6:30pm 7:00-8:00pm	Yoga for All (Full Activity Room) Yoga Sitting (Full Activity Room) 1 st Monday-Caregivers Support Group (ADC Office) Opera Cards (1/2 Activity Room) Sober Woman’s Alcoholic Anonymous (Dining Room) Al-Anon (ADC)
Tuesday	10:00-12:00pm 10:30-12:00pm 1:00-4:00pm 1:15-2:30pm 7:30-8:30pm	1 st Tuesday – Blood Pressure Screening Southampton Hospital Wellness Program (Full Activity Room) Bridge Club (1/2 Activity Room) Bingo (1/2 Activity Room) East End Young People (AA) (ADC)
Wednesday	10:00-12:00pm 10:00-12:00pm 10:30-11:30 am 1:00-3:00pm 1:00-4:00 pm 6:30-7:45pm	Knitting Workshop (1/2 Activity Room) 1 st Wednesday - Suffolk County Office for Aging Representative Poetry Mahjonn (1/2 Activity Room) Bridge (1/2 Activity Room) Alcoholics Anonymous- Keep It Green (Big Book Meeting)(Dining Room)
Thursday	8:00-9:00am 9:00-10:00am 1:15-2:30pm 5:30-6:30pm 7:00-8:30pm	Yoga for All (Full Activity Room) Yoga – Sitting (Full Activity Room) Bingo (1/2 Activity Room) Alcoholic Anonymous – Back to Basics (Dining Room) Alcoholics Anonymous – Keep It Green (Round Robin/ Closed Meeting) (Dining Room)
Friday	10:00-12:00pm 10:30-12:30pm 6:00-7:15pm 8:00-9:30pm	Movie Day (1/2 Activity Room) Senior Counseling (Family Service League/Copy Room) Alcoholics Anonymous (12 Step Meeting - Keep It Green (Dining Room) Debtors Anonymous (Dining Room)
Saturday	10:00-11:00am 4:30-5:30pm	SLA Anonymous (ADC) Alcoholics Anonymous – Keep It Green (Closed Discussion Meeting)

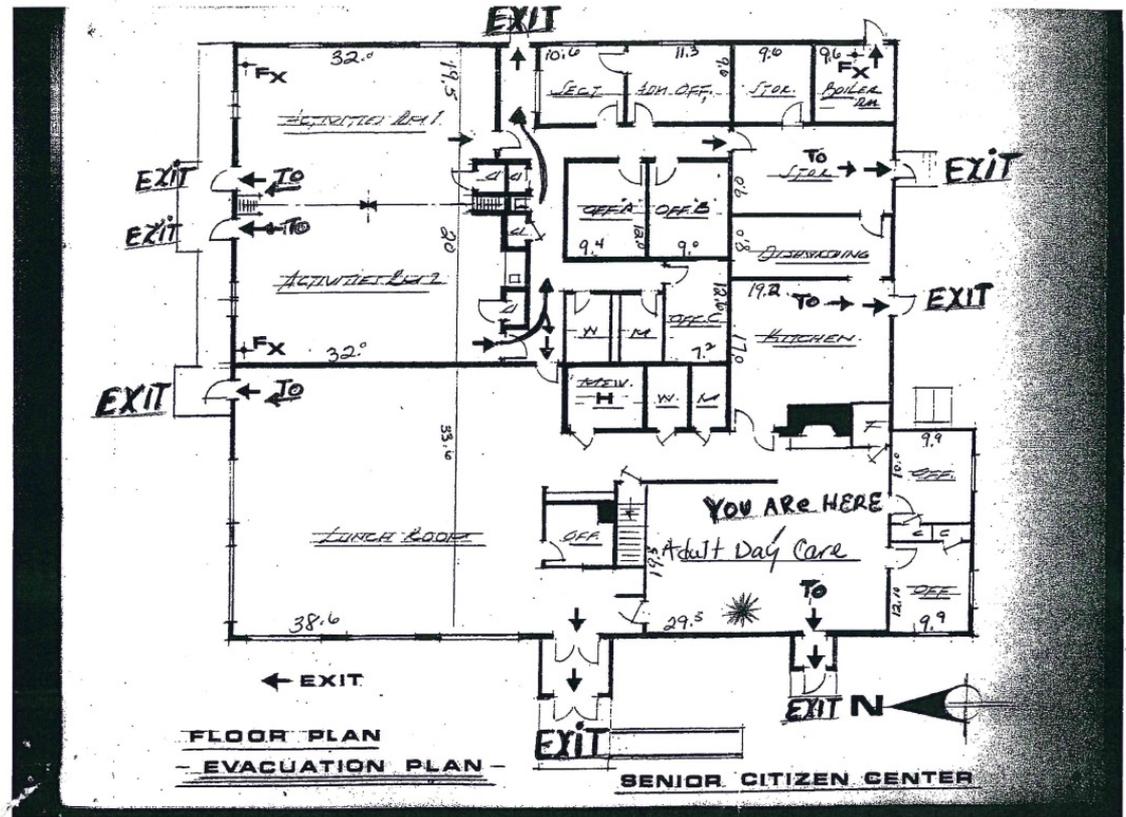
The facility at 128 Springs-Fireplace Road has been in operation for over 30 years

- Roughly 2 acres
- 2 main buildings
 - Senior Center
 - Office Trailer
- Approx. ½ acre park
 - Basketball court
 - Circular track
 - Benches
 - Open spaces and landscaping
- 61-space parking lot
- Property abuts the Springs-Fireplace Apartments to the north, Windmill Village I to the south, and a combination of Windmill Village II and a private residence to the east



The East Hampton Senior Center is inadequate to meet the needs of our senior community

- Roughly 10,100 sq. ft. primary Senior Center building containing:
 - 600 sq. ft. Adult Day Care Center
 - 1,300 sq. ft. Lunch Room
 - 1,200 sq. ft. of activity rooms
 - 1,000 sq. ft. kitchen and storage
 - 2,000 sq. ft. of offices
 - 4,000 sq. ft. of storage
- Roughly 1,600 sq. ft. Office Trailer building containing offices for East Hampton Department of Human Services
- 11,700 sq. ft. total



The working group recognize the following design concepts:

- Encourage senior activities such as socializing, eating, playing cards, book clubs, knitting, lectures, and arts & crafts
- Move toward a wellness approach that focuses on physical and intellectual activities such as yoga, aerobics, dancing, balance, meditation, internet, and other workshops
- Maximize outdoor space by having walking tracks, gardens and areas for dining and conversation
- Utilize natural light and lots of windows to afford our clients the sunlight they need during winter months

Other considerations include:

- Automatic doors and hallways that are wide enough to accommodate walkers, wheelchairs and scooters
- A covered entrance for pick-up and drop-off by cars and passenger vans
- A private restroom and walk-in shower for Adult Day Care
- A computer/media room for Seniors to learn and be able to use laptops, notebooks, iPads and other devices
- A wellness/yoga/Tai Chi/meditation room
- A game/card/book club room
- A parking lot with ample parking (including handicap parking spaces) and room for Town Transportation vehicles

The proposed building calls for a 50% increase in gross floor area. It would operate more efficiently, fit current and future needs, and be ADA compliant.

Area	Existing Facilities	Proposed Facilities	Change
Building Basement Storage Trailer Parking	6,100 sq. ft. 4,000 sq., ft. 1,600 sq. ft. 61 spaces	One two-story building with basement/subfloor (three levels total): Gross floor area: 17,500 sq. ft. more 120 spaces	+5,800 sq. ft. + 59 spaces
Day Care	600 sq. ft.	1,500 sq. ft.	+900 sq. ft.
Lunch Room	1,300 sq. ft.	3,000 sq. ft.	+1,700 sq. ft.
Kitchen Area	1,000 sq. ft.	2,000 sq. ft.	+1,000 sq. ft.
Activities Room(S)	1,200 sq. ft.	Game Room: 500 sq. ft. Wellness Center: 1,400 sq. ft. Media Room: 600 sq. ft.	+1,300 sq. ft.
Storage	4,000 sq. ft.	Storage: 4,000 sq. ft.	No changes
Offices	3,600 sq. ft.	Offices: 4,500 sq. ft.	+900 sq. ft.
TOTAL	11,700 sq. ft.	17,500 sq. ft.	+5,800 sq. ft.

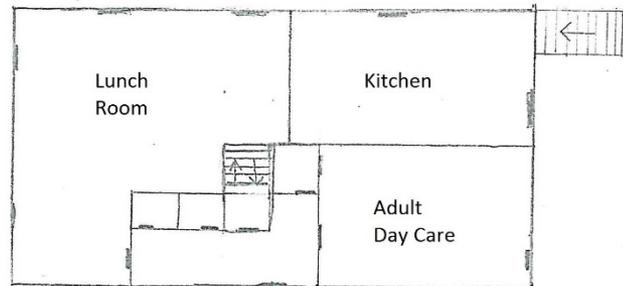
After much debate the working group recommends siting the new center at the present location – 128 Springs-Fireplace Road

The benefits to siting the new center on the existing property include:

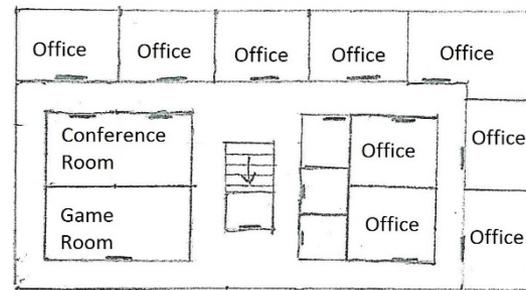
- It's Town-owned property, so the only capital investment is in the construction of the facility
- Centrally located for Seniors driving themselves as well as the Town's Transportation Program
- Within walking distance to Windmill I & II
- Senior programs have been running at this location for over 30 years and the consensus of Seniors who use the center is it should remain at the current location

The initial recommendation of the working group would be to have a two-story building with full utilization of the basement. We recognize that the architect will lend much expertise to the plans.

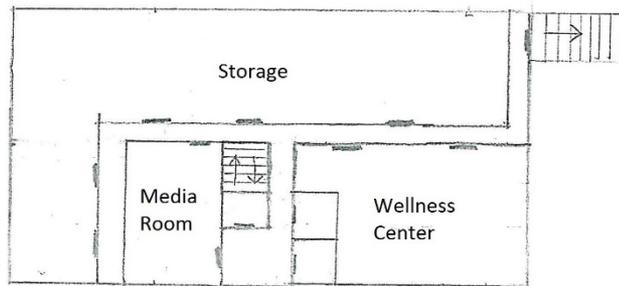
Floor Plans



First Floor



Second Floor



Basement

The preliminary timetable for the project calls for the Town breaking ground in May 2017

Project

Presentation to members of the Senior Center

Presentation to Town Board

Request for Proposals for Engineer / Architect

Select Architect

Set of plans to be completed by architect

Bid requests for builders

Construction bids to be completed

Construction bid to be awarded & contract signed

Construction to begin

Timing

April 13, 2016

April 19, 2016

April 21, 2016

June 2016

September 2016

October 2016

December 2016

March 2017

May 2017